



2023 BDFNC Family Festival & Walk for Bleeding Disorders Fact Sheet

- What:** The Family Festivals are Bleeding Disorders Foundation of North Carolina's (BDFNC) largest fundraising events and gatherings of the bleeding disorders community. These events allow BDFNC to pursue the mission of improving the quality of life of persons affected by bleeding disorders through advocacy, education, promotion of research, and delivery of supportive programs and services.
- Why:** BDFNC has been assisting the bleeding disorders community in the state for over 45 years. BDFNC supports families through ongoing educational programs, peer support groups, patient advocacy, emergency financial assistance, scholarships, and support for summer camps.
- When:** • **Saturday, April 22, 2023** • **Saturday, October 14, 2023**
- Where:** Mint Street – Uptown Charlotte Lake Crabtree County Park
Charlotte, NC Morrisville, NC
Check-in begins at 9:00am, followed by announcements and the walk at 9:45am.
- Distance:** Depending on the location, each route is approximately a 5K Walk (3.1 Miles with a 1.5 short route available).
- How:** Sign up for the event online by visiting
<https://secure.ggiv.com/event/2023charlotte/> (Charlotte)
<https://secure.ggiv.com/event/2023raleigh/> (Morrisville/Raleigh – coming soon!)
- Teams:** Form a team. Enlist as a Team Captain, choose a Team name and recruit team members from your circle of friends, family, co-workers and neighbors.

Everyone (including four-legged friends) is welcome to participate!
- Registration:** Registration is free.
- T-Shirts:** Adults must raise at least \$25 to receive an event T-shirt. All kids will receive a T-shirt (while supplies last).
- Volunteer:** Volunteers are vital to the event's success! Call Gillian Schultz at **(919) 272-6000** or email us at **festival@bleedingdisordersnc.org** for more details on how you can help!
- Contact:** Charlene Cowell, Executive Director, BDFNC at **(919) 319-0014** or **festival@bleedingdisordersnc.org**.